



# Carrera del Toro

NorCal High School League Series • Race #3

NorCal High School Mountain Bike League  
2342 Shattuck Ave. #361  
Berkeley CA 94704  
(510) 644-4950  
[www.norcalmtb.org](http://www.norcalmtb.org)

**Sunday, April 1<sup>st</sup>, 2007 • Toro Park, Salinas**

**RACE DESCRIPTION:** The “Race of the Bull” is a classic course with a major climb of nearly 1000 feet each lap, followed by a long, windy single-track descent. Approximately 5 miles per lap, the fire road climb has a few flats to help tame this long climb. Special consideration for controlling speed and passing must be practiced during the descent. To reduce passing friction we are introducing a **3-wave start**. *All participants must be registered for the 2007 NorCal High School Mountain Bike Racing Series and have a valid 2007 USA Cycling license. See [www.norcalmtb.org](http://www.norcalmtb.org) for more information. Registration opens at 8:30 AM.*

**SAME DAY PRE-RIDE RESTRICTED:** The course is **off limits** during the race, and pre-riding hilly courses the same day is not recommended (it tires out the legs). Pre-riding the day before is a better option but the course is closed until 3:00 PM due to Saturday’s adult race. Again, if you choose to pre-ride the course, **do not** pre-ride during another race.

**DIRECTIONS TO TORO COUNTY PARK** (501 Monterey-Salinas Highway 68, Salinas):

**From Hwy 101:** Take Monterey Peninsula exit in Salinas to Hwy 68- (Sandborn Rd) heading west. Sandborn goes straight into East Blanco after 1 mile. Keep straight on East Blanco for 1.5 miles. Then turn left on Hwy 68 at corner of South Main Street. Follow Hwy 68 west toward Monterey for 4 miles then exit Portola Dr. There will be signs here for Toro Park. Exit Portola Dr. and then go back under freeway to Toro Park entrance.

**From Monterey Hwy 1:** Take Hwy 68 exit east toward Salinas. It is 11 miles to Toro park. Stay on Hwy 68 past Laguna Seca Raceway and exit Portola Dr. Toro Park is directly on the right as you exit on Portola Dr. There will be signs for Toro Park.

**From Hwy 1:** Heading south from Santa Cruz area- Exit Reservation Road in Marina. Head east and the 2nd stop light after you travel under the freeway is a right turn to continue on Reservation Road (approx. 1/4 mile). Stay straight on Reservation Road thru Marina. It is 9 miles on Reservation Road to Hwy 68. Go right on Hwy 68 (west) toward Monterey for 1 mile then exit Portola Road for Toro Park. Follow signs to park- after exit you travel back under freeway to entrance for Toro Park. Please follow directions in Toro Park to designated CCCX parking area. Parking will be near the finish and registration area of the race.

Category	Start Time	Laps	Approx. Distance
<b>WAVE 1</b> (A 1-hour cut off may be applied for doing lap 2, 80-minutes for doing lap 3 – riders still scored based on position)			
Varsity Girls	10:00 AM	3	15 Miles
JV Girls	10:02 AM	2	10 Miles
Frosh/Soph Girls	10:04 AM	2	10 Miles
<b>WAVE 2</b> (A 50-minute cut off may be applied for doing lap 2 – riders still scored based on position)			
Sophomore Boys	11:30 AM	2	10 Miles
Freshman Boys (II)*	11:32 AM	2	10 Miles
Freshman Boys (I)*	11:34 AM	2	10 Miles
<b>WAVE 3</b> (A 90-minute cut off may be applied for doing lap 3, 2 hours for doing lap 4 – riders still scored based on position)			
Varsity Boys	12:50 PM	4	20 Miles
JV Boys	12:52 PM	3	15 Miles

Course map is available at [www.norcalmtb.org](http://www.norcalmtb.org).

## **Important League Rules:**

1. You must bring proof of your USA Cycling license – all riders must have an annual USA Cycling license.
2. **Mountain Bikes Only:** League athletes must compete using mountain bikes that have 26 (or 29) inch wheels and the tires must not be narrower than 1.75 inches. No road bikes or cyclocross bikes, no down-drop handlebars.
3. Leg over bike? Then your helmet must be buckled onto your head. You must also keep the helmet on if you are on the course with a mechanical walking or running with the bike. Keep the helmet on until you are finished and off the course.
4. No iPods or other devices with headphones are allowed while riding or racing.
5. Walk your bike in the registration, team pit areas and also through spectator areas. Be mindful of dogs and small children at all times.
6. During the race, flat tires and mechanical problems should be repaired by the racer, and the racer must carry their own tools, tubes, etc. If outside assistance is required, a five-minute penalty will be assessed.
7. Call out when passing slower racers “Tracking left (indicates passing on the left)” or “Tracking right (indicates passing on the right).” Pass only when it is safe to do so.
8. Cutting the course will result in disqualification, possibly a loss of all League points. **If you drop out of the race, you MUST be sure to tell the first course marshal you see – and also the finish line crew.**